

# Are You a Good Candidate for a Tummy Tuck?



Women who maintain a healthy diet and exercise program, but still experience loose skin and protruding abdomen, are often good candidates for a tummy tuck (abdominoplasty).

A tummy tuck is a surgical procedure to remove excess skin and fat from the middle and lower abdomen and to tighten the muscles of the abdomen wall. The procedure can dramatically reduce the appearance of a protruding abdomen or excess folds and fatty accumulation as a result of pregnancy or weight loss.

**Call us today to learn more about this exciting procedure.**